

PI E-MAIL & FAX ALERT

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Shawn Steel, Chiropractic Attorney

Telephone: 800-626-0003

Website: www.shawnsteel.com

Email: shawnsteel@shawnsteel.com

Coding for Active Care

As opposed to “passive” care where care is applied in which the patient has no active role.

Active Care is the new buzz phrase. But how do you bill for “active” care? Active care is a DC service that *requires* patient participation.

We asked Sam Collins, billing expert. Here is what he suggests:

97110 Therapeutic Exercise: specific exercise should be listed as to the type, method and goal. Includes stretching. Long and short goals need be identified.

97112 Neuromuscular re-education: provided to improve balance, coordination and posture. Initially designed for rehab following stroke. Balance boards could be documented under this code.

97530 Therapeutic activities: One on one procedure for the use of dynamic activities to improve functional performance. Must be direct contact by the doctor.

As Sam says “Active care is, ‘pound for pound’ the most advantageous source of physical medicine procedures, excepting manipulation. It gives the best long-term outcome vs. passive services alone. This gives the fishing pole to the patient not just the fish.” E-mail us to get a full report of Sam Collins article.

Free Teleconference
Wednesday, October 29 @ 1:00 pm

PERMANENT IMPAIRMENT
With special guest
Edward Cremata, DC

E-mail johntawlian@shawnsteel.com for
telephone # and pass code.

5 Grades for Cervical Spine

DC need to use specific classification when describing cervical injuries:

Classification –Grade-Description

Normal 0 normal disc

Slight I disc desiccation without
..... space narrowing

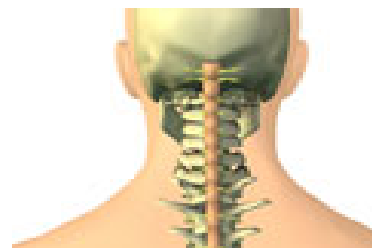
Slight to mod II Desiccation with disc space
.....narrowing, slight bulge

Moderate III Moderate size disc bulging
.....causing flattening on the
.....spinal cord

Mod to Severe IV Disc herniation effacing
.....the thecal sac and or
.....abutting the spinal cord.

Severe V herniation causing
.....moderate compression
.....on the spinal cord, disk
.....fragment.

For a copy of the complete chart please e-mail
johntawlian@shawnsteel.com.



Shawn Steel speaking at CCA-Districts
You & Staff welcome

San Mateo 10/29/08 @ 7:00 PM

San Diego 11/05/08 @ 7:00 PM

LA Metro 11/12/08 @ 7:00 PM

San Joaquin/ Stanislaus 12/10/08 @ 7:00 PM